

Conroy Hockey 2025 Clinic Schedule

created Jan 23, 2025

Checking Clinics

Defence Clinics

Face Off Clinic

Battle Camps

ECTAS Weeks

				Activity	Location
March					
M/W/F Mar 24 & 26 & 28	March Checking Clinic	Mon 6:30 to 9:15 pm Wed 6:30 - 9:15 pm Fri 4:45 - 7:30 pm		7.5 hrs of Checking Training	HDC
Thur Mar 27th	March Battle Camp	Thur Mar 27th 5:30 - 8:15 pm	Kids aged 8 - 11	2.5 hours of Battle Training	HDC
July					
Tues & Thur July 1 & 3	D Clinic A: Intro to D Mon Video Rev 6:30 - 7:30			2 days totalling 5.75 hours	ECTAS
	Tues: Off ice 1:00- 2:00, On Ice 2:15 - 3:45 pm Thur Off ice 1:30 - 2:00 On Ice 2:15 - 3:45 pm then 15 minutes review afterwards.				
M/W/F July 14/16/18	July Checking Clinic 1 M/W/F Off ice 12:30 to 2:00 On ice 2:30 - 4:00 pm			3 sessions totalling 9 hrs.	ECTAS
T/Th July 15 & 17	D Clinic B: The DEFENSIVE ZONE Mon Video Rev 6:30 to 7:30			2 days totalling 5.75 hours	ECTAS
	Tues: 1:15 - 2:15 pm (off ice) 2:30- 4:00 pm (on ice) Thur Off ice 1:30 - 2:00 On ice 2:15 - 3:45 pm (on ice), then 15 mins of review off ice afterwards.				
M/W/F July 21/23/25	July Checking Clinic 2 M/W/F Off ice 12:00 to 1:30 On ice 2:00 - 3:30 pm			3 sessions totalling 9 hrs.	ECTAS
T/Th Def Clinic C July 22 to 24	D Clinic C: D in the OFFENSIVE ZONE Mon Video Rev 6:30 to 7:30			2 days totalling 5.75 hours	ECTAS
	Tues: 12:45 - 1:45 pm (off ice) 2:00- 3:30 pm (on ice) Thur 1:15 - 1:45 pm (off ice) 2:00- 3:30 pm (on ice)), then 15 mins of review off ice afterwards.				
August					
T & T Aug 5 & 7	D Clinic: D in the Neutral ZONE Video Training Mon 6:30 to 7:30 pm			3 day Mon/Tue/Thurs 5.5 hours Training	ECTAS
	Tues Off ice 1:00 - 2:00 On ice 2:15 to 3:45 Thur Off ice 1:30 to 2:00pm On Ice 2:15 to 3:30pm then 15 mins of review off ice				
W & F Aug 6th & 8th	Face Off Clinic: Wed Off ice 12:30- 2:00 On ice 2:15 - 3:45 pm Fri On ice 2:15- 3:45			2 days Wed & Fri 4.5 hours of Training.	ECTAS
Aug 18 to 22	ECTAS Week 1 Mon to Fri: 1:00 to 2:30 pm		All ages Conditioning Skate	7.5 hours of Training	ECTAS
Aug 25 to 29	ECTAS Week 2 Mon to Fri: 11:45 am to 1:15 pm		All ages Conditioning Skate	7.5 hours of Training	ECTAS
Aug 27th	Aug Battle Camp	Wed Aug 25th 1:45 - 4:30 pm	Kids aged 8 - 11	2.5 hours of Battle Training	ECTAS

ECTAS East Calgary Twin Arena

299 Erin Woods Dr SE.

HDC. Hockey Development Centre

#117, 10710 25th St. N.E.

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