

Conroy Hockey 2025 Spring Summer Programs Schedule

Video Review
Combined Scrimmage
Meetings
Exercise Training

02-Mar-25

March	U7/U9	U 11+	U 13+	U 15/U 17 +	++	Activity	Location
Fri Mar 22				7:00 - 9:00		<i>Preseason Meeting</i>	Upstairs @ ECTAS
Sun Mar 24		5:00 - 6:30 pm	6:45 - 8:30 pm			<i>Preseason Meeting</i>	Upstairs @ ECTAS
Tues Mar 25				8:15 - 9:45 pm		<i>Skating Day</i>	ECTAS
Sun Mar 30	4:45 - 6:15 pm	6:30 - 8:00pm	8:15 - 9:45 pm			<i>Skating Day</i>	ECTAS
April							
		U 11+	U 13+	U 15/U 17 +	++	Activity	Location
Sun Apr 6	4:45 - 6:15 pm	6:30 - 8:00pm		8:15 - 9:45 pm		<i>Shooting & Scoring Day!</i>	ECTAS
Sun Apr 13			6:30 - 8:00pm			<i>Shooting & Scoring Day</i>	ECTAS
Sun Apr 13		4:45 - 6:15pm		8:15 - 9:45 pm		<i>Passing day</i>	ECTAS
Sun April 20	4:45 - 6:15 pm		8:15 - 9:45 pm			<i>Passing day</i>	ECTAS
Sun April 20		6:30 - 8:00pm				<i>Stickhandling Day</i>	ECTAS
TBD	6 to 7:00 pm	6 to 7:00 pm	6 to 7:00 pm			<i>Exercise Demo</i>	Village Square
Wed Apr 23		6:00 - 7:15 pm	7:25- 8:40 pm			<i>Defense Video Training</i>	@ home/Zoom
Thur Apr 24				6:00 - 7:15 pm		<i>Defense Video Training</i>	@ home/Zoom
Sun Apr 27	4:45 - 6:15 pm		6:30 - 8:00pm	8:15 - 9:45 pm		<i>Stickhandling Day</i>	ECTAS
Wed Apr 30		6:00 - 7:15 pm	7:25- 8:40 pm			<i>Forwards Video Trainig</i>	@ home/Zoom
Thur May 1				6:00 - 7:15 pm		<i>Forwards Video Trainig</i>	@ home/Zoom
	4/4	4/4	4/4	4/4			
May							
	U7/U9	U 11+	U 13+	U 15/U 17 +	++	Activity	Location
Sun May 4th	4:45 - 6:15 pm		6:30 - 8:00 pm	8:15 - 9:45 pm		<i>Skating day</i>	ECTAS
Wed May 7th				6:15 - 7:45pm		<i>Off Ice Checking Training</i>	Elliston Park
Sun May 11th	4:45 - 6:15 pm			8:15 - 9:45 pm		<i>Shooting & Scoring Day</i>	ECTAS
Sun May 11th		6:30 - 8:00pm				<i>Skating day</i>	ECTAS
Wed May 14th				6:15 - 7:45pm		<i>Off Ice Checking Training</i>	Elliston Park
Tues May 20th	5:30 - 7:00 pm		7:15 - 8:45 pm			<i>Scrimmages</i>	ECTAS
Sunday May 25th	4:45 - 6:15 pm					<i>Passing day</i>	ECTAS
Sunday May 25th		6:30 - 8:00 pm	8:15 - 9:45pm			<i>Shooting & Scoring Day!</i>	ECTAS
Tues May 27th			5:30 - 7:00 pm	7:15 - 8:45 pm		<i>Passing day</i>	ECTAS
	4/8	3/7	4/8	4/8			
June							
	U7/U9	U 11+	U 13+	U 15/U 17 +	++	Activity	Location
Sun June 1st		6:30 - 8:00pm				<i>Passing Day</i>	ECTAS
Sun June 1st	4:45 - 6:15 pm		8:15 - 9:45 pm			<i>Stickhandling Day</i>	ECTAS
Tues June 3rd		5:30 - 7:00 pm				<i>Stickhandling Day</i>	ECTAS
Tues June 3rd				7:15 - 8:45 pm		<i>Stickhandling Day</i>	ECTAS
Sun June 8th	4:45 - 6:15 pm	6:30 - 8:00pm		8:00 - 9:30pm		<i>Skating day</i>	ECTAS
Tues June 10th	5:30 - 7:00 pm		7:15 - 8:45 pm			<i>Scrimmages</i>	ECTAS
Sun June 15th	4:45 - 6:15 pm	6:30 - 8:00pm				<i>Shooting & Scoring Day</i>	ECTAS
Sun June 15th			8:15 - 9:45 pm			<i>Skating day</i>	ECTAS
Tues June 17th			5:30 - 7:00 pm	7:15 - 8:45 pm		<i>Shooting & Scoring Day</i>	ECTAS
Sun June 22nd	4:45 - 6:15 pm	6:30 - 8:00pm	8:15 - 9:45 pm			<i>Passing day</i>	ECTAS
Tues June 24th			5:30 - 7:00 pm			<i>Stickhandling Day</i>	ECTAS
Tues June 24th				7:15 - 8:45 pm		<i>Passing day</i>	ECTAS
	5/13	6/13	6/14	5/13			
July							
	U7/U9	U 11+	U 13+	U 15/U 17 +	++	Activity	Location

Tues July 1st	5:30 - 7:00 pm	7:15 - 8:45 pm	Stickhandling Day	ECTAS
Sun July 6th	4:45 - 6:15 pm		Stickhandling Day	ECTAS
Sun July 6th	6:30 - 8:00pm	8:15 - 9:45 pm	Skating day	ECTAS
Tues July 8th	5:30 - 7:00 pm	7:15 - 8:45 pm	Scrimmage Day	ECTAS
Sun July 13th	4:45 - 6:15 pm		Skating Day	ECTAS
Sun July 13th	6:30 - 8:00pm	8:15 - 9:45 pm	Shooting & Scoring Day	ECTAS
Tues July 15th		5:30 - 7:00 pm	Passing Day	ECTAS
Tues July 15th		7:15 - 8:45 pm	Skating Day	ECTAS
Sun July 20th	4:45 - 6:15 pm	8:15 - 9:45 pm	Shooting & Scoring Day	ECTAS
Sun July 20th	6:30 - 8:00pm		Passing day	ECTAS
Tues July 22nd	5:30 - 7:00 pm	7:15 - 8:45 pm	Passing day	ECTAS
Sun July 27th	4:45 - 6:15 pm	6:30 - 8:00pm	8:15 - 9:45 pm	Stickhandling Day
Tues July 29th	5:30 - 7:00 pm	7:15 - 8:45 pm	Scrimmage Day	ECTAS

7/20 7/20 6/20 6/19

August	U 11+	U 13+	U 15/U 17 +	++	Activity	Location
Tues Aug 5th	5:30 - 7:00 pm				Skating Day	ECTAS
Tues Aug 5th			7:15 - 8:45 pm		Stickhandling day	ECTAS
Thurs Aug 7th			7:30 - 9:00 pm		Skating Day	ECTAS
Sun Aug 10th	4:45 - 6:15 pm		8:15 - 9:45 pm		Shooting & Scoring day	ECTAS
Sun Aug 10th	6:30 - 8:00pm				Skating day	
Tues Aug 12th	5:30 - 7:00 pm				Shooting & Scoring	ECTAS
Tues Aug 12th		7:15 - 8:45 pm			Skating day	ECTAS
Thur Aug 14th		5:30 - 7:00 pm			Shooting & Scoring day	ECTAS
Thur Aug 14th			7:15 - 8:45 pm		Passing Day	ECTAS
Sun Aug 17th	4:45 - 6:15 pm		8:15 - 9:45 pm		Passing day	ECTAS
Sun Aug 17th	6:30 - 8:00pm				Passing day	ECTAS
Tues Aug 19th		5:30 - 7:00 pm	7:15 - 8:45 pm		Stickhandling Day	ECTAS
Sun Aug 24th	4:45 - 6:15 pm				Kids vs Parents day	ECTAS
Sun Aug 24th	6:30 - 8:00pm				Stickhandling Day	ECTAS

4/24 4/24 4/24 5/24

- Venues**
- ECTAS (East Calgary)Twin Arena** 299 Erin Woods Dr SE.
 - Elliston Park West Entrance** 2020 60th str SE
 - Village Square Liesure Center** 2623 56 St NE