## Conroy Hockey 2025 Spring Summer Programs Schedule

02-Mar-25

Video Review Combined Scrimmage Meetings Exercise Training

			02-Mar-25			Exercise Training	
March	U7/U9	U 11+	U 13+	U 15/U 17 +	++	Activity	Location
Fri Mar 22				7:00 - 9:00		Preseason Meeting	Upstairs @ ECTAS
Sun Mar 24		5:00 - 6:30 pm	6:45 - 8:30 pm			Preseason Meeting	Upstairs @ ECTAS
Tues Mar 25				8:15 - 9:45 pm		Skating Day	ECTAS
Sun Mar 30	4:45 - 6:15 pm	6:30 - 8:00pm	8:15 - 9:45 pm			Skating Day	ECTAS
April		U 11+	U 13+	U 15/U 17 +	++	Activity	
Sun Apr 6	4:45 - 6:15 pm	6:30 - 8:00pm		8:15 - 9:45 pm		Shooting & Scoring Day!	ECTAS
Sun Apr 13			6:30 - 8:00pm			Shooting & Scoring Day	ECTAS
Sun Apr 13		4:45 - 6:15pm		8:15 - 9:45 pm		Passing day	ECTAS
Sun April 20	4:45 - 6:15 pm		8:15 - 9:45 pm			Passing day	ECTAS
Sun April 20		6:30 - 8:00pm				Stickhandling Day	ECTAS
TBD	6 to 7:00 pm	6 to 7:00 pm	6 to 7:00 pm			Exercise Demo	Village Square
Wed Apr 23		6:00 - 7:15 pm	7:25- 8:40 pm			Defense Video Training	@ home/Zoom
Thur Apr 24				6:00 - 7:15 pm		Defense Video Training	@ home/Zoom
Sun Apr 27	4:45 - 6:15 pm		6:30 - 8:00pm	8:15 - 9:45 pm		Stickhandling Day	ECTAS
Wed Apr 30		6:00 - 7:15 pm	7:25- 8:40 pm			Forwards Video Trainig	@ home/Zoom
Thur May 1				6:00 - 7:15 pm		Forwards Video Trainig	@ home/Zoom
	4/4	4/4	4/4	4/4			
May	U7/U9	U 11+	U 13+	U 15/U 17 +	++	Activity	
Sun May 4th	4:45 - 6:15 pm		6:30 - 8:00 pm	8:15 - 9:45 pm		Skating day	ECTAS
Wed May 7th				6:15 - 7:45pm		Off Ice Checking Training	Elliston Park
Sun May 11th	4:45 - 6:15 pm			8:15 - 9:45 pm		Shooting & Scoring Day	ECTAS
Sun May 11th		6:30 - 8:00pm				Skating day	ECTAS
Sun May 11th Wed May 14th		6:30 - 8:00pm		6:15 - 7:45pm		Skating day Off Ice Checking Training	ECTAS Elliston Park
	5:30 - 7:		7:15 - 8			Off Ice Checking	
Wed May 14th	5:30 - 7: 4:45 - 6:15 pm		7:15 - 8			Off Ice Checking Training Scrimmages Passing day	Elliston Park
Wed May 14th Tues May 20th			7:15 - 8 8:15 - 9:45pm			Off Ice Checking Training Scrimmages	Elliston Park ECTAS
Wed May 14th Tues May 20th Sunday May 25th		00 pm				Off Ice Checking Training Scrimmages Passing day Shooting & Scoring	Elliston Park ECTAS ECTAS
Wed May 14th Tues May 20th Sunday May 25th Sunday May 25th		00 pm	8:15 - 9:45pm	3:45 pm		Off Ice Checking Training Scrimmages Passing day Shooting & Scoring Day!	Elliston Park ECTAS ECTAS ECTAS
Wed May 14th Tues May 20th Sunday May 25th Sunday May 25th	4:45 - 6:15 pm	00 pm 6:30 - 8:00 pm	8:15 - 9:45pm 5:30 - 7:00 pm	8:45 pm 7:15 - 8:45 pm	**	Off Ice Checking Training Scrimmages Passing day Shooting & Scoring Day!	Elliston Park ECTAS ECTAS ECTAS
Wed May 14th Tues May 20th Sunday May 25th Sunday May 25th Tues May 27th	4:45 - 6:15 pm 4/8	00 pm 6:30 - 8:00 pm 3/7	8:15 - 9:45pm 5:30 - 7:00 pm 4/8	8:45 pm 7:15 - 8:45 pm 4/8	**	Off Ice Checking Training Scrimmages Passing day Shooting & Scoring Day! Passing day	Elliston Park ECTAS ECTAS ECTAS ECTAS
Wed May 14th Tues May 20th Sunday May 25th Sunday May 25th Tues May 27th June	4:45 - 6:15 pm 4/8	00 pm 6:30 - 8:00 pm 3/7 U 11+	8:15 - 9:45pm 5:30 - 7:00 pm 4/8	8:45 pm 7:15 - 8:45 pm 4/8	**	Off Ice Checking Training Scrimmages Passing day Shooting & Scoring Day! Passing day Activity	Elliston Park ECTAS ECTAS ECTAS ECTAS Location
Wed May 14th Tues May 20th Sunday May 25th Sunday May 25th Tues May 27th June Sun June 1st	4:45 - 6:15 pm 4/8 <b>U7/U9</b>	00 pm 6:30 - 8:00 pm 3/7 U 11+	8:15 - 9:45pm 5:30 - 7:00 pm 4/8 U 13+	8:45 pm 7:15 - 8:45 pm 4/8	++	Off Ice Checking Training Scrimmages Passing day Shooting & Scoring Day! Passing day Activity Passing Day	Elliston Park ECTAS ECTAS ECTAS ECTAS Location ECTAS
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Wed May 14th Tues May 20th Sunday May 25th Sunday May 25th Tues May 27th June Sun June 1st Sun June 1st Tues June 3rd	4:45 - 6:15 pm 4/8 <b>U7/U9</b>	00 pm 6:30 - 8:00 pm 3/7 U 11+ 6:30 - 8:00pm	8:15 - 9:45pm 5:30 - 7:00 pm 4/8 U 13+	8:45 pm 7:15 - 8:45 pm 4/8 <b>U 15/U 17 +</b>	**	Off ice Checking Training Scrimmages Passing day Shooting & Scoring Day! Passing day Activity Passing Day Stickhandling Day	Elliston Park ECTAS ECTAS ECTAS ECTAS Location ECTAS ECTAS ECTAS
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Wed May 14th Tues May 20th Sunday May 25th Jues May 27th June Sun June 1st Sun June 1st Tues June 3rd Tues June 3rd Sun June 8th	4:45 - 6:15 pm 4/8 <b>U7/U9</b> 4:45 - 6:15 pm 4:45 - 6:15 pm	00 pm 6:30 - 8:00 pm 3/7 U11+ 6:30 - 8:00pm 5:30 - 7:00 pm 6:30 - 8:00pm	8:15 - 9:45pm 5:30 - 7:00 pm 4/8 <b>U 13+</b> 8:15 - 9:45 pm	7:15 - 8:45 pm 4/8 <b>U 15/U 17 +</b> 7:15 - 8:45 pm 8:00 - 9:30pm	**	Off Ice Checking Training Scrimmages Passing day Shooting & Scoring Day! Passing day Activity Passing Day Stickhandling Day Stickhandling Day Stickhandling Day Skating day	Elliston Park ECTAS ECTAS ECTAS ECTAS ECTAS ECTAS ECTAS ECTAS ECTAS
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Tues July 1st		5:30 - 7:00 pm		7:15 - 8:45 pm		Stickhandling Day
Sun July 6th	4:45 - 6:15 pm					Stickhandling Day
Sun July 6th		6:30 - 8:00pm	8:15 - 9:45 pm			Skating day
Tues July 8th	5:30 - 7:00 pm		7:15 - 8:45 pm			Scrimmage Day
Sun July 13th	4:45 - 6:15 pm					Skating Day
Sun July 13th		6:30 - 8:00pm	8:15 - 9:45 pm			Shooting & Scoring Day
Tues July 15th			5:30 - 7:00 pm			Passing Day
Tues July 15th				7:15 - 8:45 pm		Skating Day
Sun July 20th	4:45 - 6:15 pm			8:15 - 9:45 pm		Shooting & Scoring Day
Sun July 20th		6:30 - 8:00pm				Passing day
Tues July 22nd	5:30 - 7:00 pm			7:15 - 8:45 pm		Passing day
Sun July 27th	4:45 - 6:15 pm	6:30 - 8:00pm	8:15 - 9:45 pm			Stickhandling Day
Tues July 29th	5:30 - 7:00 pm		7:15 - 8:45 pm			Scrimmage Day
-	7/20	7/20	6/20	6/19		
August		U 11+	U 13+	U 15/U 17 +	++	Activity
Tues Aug 5th	5:30 - 7:00 pm					Skating Day
Tues Aug 5th				7:15 - 8:45 pm		Stickhandling day
Thurs Aug 7th				7:30 - 9:00 pm		Clastin - Davi
Sun Aug 10th				nee nee piii		Skating Day
Juli Aug 10th	4:45 - 6:15 pm			8:15 - 9:45 pm		Shooting & Scoring
Sun Aug 10th	4:45 - 6:15 pm	6:30 - 8:00pm		•		0 9
	4:45 - 6:15 pm	6:30 - 8:00pm 5:30 - 7:00 pm		•		Shooting & Scoring day
Sun Aug 10th	4:45 - 6:15 pm	•	7:15 - 8:45 pm	•		Shooting & Scoring day Skating day
Sun Aug 10th Tues Aug 12th	4:45 - 6:15 pm	•	7:15 - 8:45 pm 5:30 - 7:00 pm	•		Shooting & Scoring day Skating day Shooting & Scoring Skating day Shooting & Scoring
Sun Aug 10th Tues Aug 12th Tues Aug 12th	4:45 - 6:15 pm	•	1	•		Shooting & Scoring day Skating day Shooting & Scoring Skating day
Sun Aug 10th Tues Aug 12th Tues Aug 12th Thur Aug 14th	4:45 - 6:15 pm 4:45 - 6:15 pm	•	1	8:15 - 9:45 pm		Shooting & Scoring day Skating day Shooting & Scoring Skating day Shooting & Scoring day
Sun Aug 10th Tues Aug 12th Tues Aug 12th Thur Aug 14th Thur Aug 14th		•	5:30 - 7:00 pm	8:15 - 9:45 pm		Shooting & Scoring day Skating day Shooting & Scoring Skating day Shooting & Scoring day Passing Day
Sun Aug 10th Tues Aug 12th Tues Aug 12th Thur Aug 14th Thur Aug 14th Sun Aug 17th		5:30 - 7:00 pm	5:30 - 7:00 pm	8:15 - 9:45 pm		Shooting & Scoring day Skating day Shooting & Scoring Skating day Shooting & Scoring day Passing Day Passing day
Sun Aug 10th Tues Aug 12th Tues Aug 12th Thur Aug 14th Thur Aug 14th Sun Aug 17th Sun Aug 17th		5:30 - 7:00 pm	5:30 - 7:00 pm 8:15 - 9:45 pm	8:15 - 9:45 pm 7:15 - 8:45 pm		Shooting & Scoring day Skating day Shooting & Scoring Skating day Shooting & Scoring day Passing Day Passing day Passing day
Sun Aug 10th Tues Aug 12th Tues Aug 12th Thur Aug 14th Thur Aug 14th Sun Aug 17th Sun Aug 17th Tues Aug 19th	4:45 - 6:15 pm	5:30 - 7:00 pm	5:30 - 7:00 pm 8:15 - 9:45 pm	8:15 - 9:45 pm 7:15 - 8:45 pm		Shooting & Scoring day Skating day Shooting & Scoring Skating day Shooting & Scoring day Passing Day Passing day Passing day Stickhandling Day
Sun Aug 10th Tues Aug 12th Tues Aug 12th Thur Aug 14th Thur Aug 14th Sun Aug 17th Sun Aug 17th Tues Aug 19th Sun Aug 24th	4:45 - 6:15 pm	5:30 - 7:00 pm 6:30 - 8:00pm	5:30 - 7:00 pm 8:15 - 9:45 pm	8:15 - 9:45 pm 7:15 - 8:45 pm		Shooting & Scoring day Skating day Shooting & Scoring Skating day Shooting & Scoring day Passing Day Passing day Passing day Stickhandling Day Kids vs Parents day

Venues ECTAS (East Calgary )Twin 299 Erin Woods Dr SE. Arena **Elliston Park** 2020 60th str SE West Entrance

Village Square Liesure Center 2623 56 St NE

Stickhandling Day	ECTAS
Stickhandling Day	ECTAS
Skating day	ECTAS
Scrimmage Day	ECTAS
Skating Day	ECTAS
Shooting & Scoring Day	ECTAS
Passing Day	ECTAS
Skating Day	ECTAS
Shooting & Scoring Day	ECTAS
Passing day	ECTAS
Passing day	ECTAS
Stickhandling Day	ECTAS
Scrimmage Day	ECTAS
Activity	Location
Skating Day	ECTAS
Stickhandling day	ECTAS
Skating Day	ECTAS
Shooting & Scoring day	ECTAS
Skating day	
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